

[Sign In](#) | [Register Now](#)

ADVANCED RECIPE SEARCH

RADIO SHOWS

RADIO CONTRIBUTORS

RADIO SCHEDULE

THE RADIO BLOG

[Home Page](#) » [Martha Stewart Living Radio](#) » [Radio Shows](#) » [Living Today](#)

"Living Today"

Whether you're just starting dinner or making your way home from the office, you'll love tuning in to "Living Today," featuring a little bit of everything Martha every day of the week. "Living Today" is hosted by Mario Bosquez.

Listen to "Living Today" live every weekday from 1 p.m. to 5 p.m. ET.

- [Mario's Bio](#)
- [Mario's Recipes](#)
- [Email "Living Today"](#)
- [Talk to "Living Today" Listeners](#)

Monday, April 6, 2009

Today's Topics and Guests

- Impress your family with amazing Passover recipes. Norene Gilletz, author of "Norene's Healthy Kitchen," and president and chief cook of Gourmania (a foodie website) will share her Passover recipes with you.
- Today is National Tartan Day, the national holiday for all Scottish American. We'll discuss Scottish food with Tom Lewis of Scotland's Tourism Bureau.
- Hear about our produce of the week! Tune in to learn about a tasty vegetable or fruit that's currently in season, and get delicious recipes.
- Cinco de Mayo is less than a month away! Today Mario is talking about Mexican food with David Schuttenberg, executive chef of Cabrito restaurant.
- Journalist and Martha Stewart Living Radio friend Marion Roach lends her wit, wisdom, and great laugh to make your Monday afternoon a bit brighter. Marion has hilarious and touching stories that are not to be missed.
- Keep your skin and hair ready for the gorgeous days of spring! Get beauty and skin-care advice from beauty expert Eva Scrivo on her show, "Beauty Talk."

Today's Links

- [Gourmania](#)
- [Come to Scotland](#)
- [Cabrito Restaurant](#)
- [Marion Roach](#)
- [Eva Scrivo](#)

April 7, 2009

Today's Topics and Guests

- Learn about chocolate today! Clay Gordon, author of "Discover Chocolate: The Ultimate Guide to Buying, Tasting, and Enjoying Fine Chocolate" and founder of The Chocolate Life, an online community for chocophiles and aspiring chocophiles, is live with Mario.
- Spring is here which means yard sale season! Tune in to Anneli Rufus,

Today's Links

- [The Chocolate Life Scavenging Blog](#)
- [Anneli Rufus](#)
- [Claire Newell](#)
- [Martha Stewart Weddings](#)
- [Maggie Mistal](#)

Subscribe to Sirius XM

Martha Stewart™ for 1-800-Flowers.com

SAVE \$10 on Easter flowers starting at \$39.95

[SHOP NOW](#)



“ Focus your attention and creativity on basic things, things that people need and want. Then look for ways to enlarge, improve, and enhance your big idea. ”

send feedback

Unlimited nationwide calling to family + Faves™

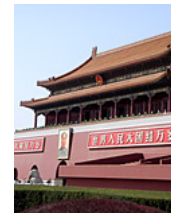
myFaves™ Family Plan

[Learn More ▶](#)

2-yr. agreement req.; restrictions apply

T-Mobile

Photo Galleries



China
Gael Towey of "Design Trends" reports back from the Far East.

[view the gallery](#)

On the Radio



Partying with a Purpose

Martha Stewart Living Radio celebrated the Super Bowl and helped raise money for a good cause. View our fun photos.

[learn more](#)

Cookie of the Day



Cookie of the Day

Get a yummy cookie recipe everyday of the week!

[today's recipe](#)

scavenger pro and co-author of "The Scavengers' Manifesto." She'll discuss how to navigate yard sales.

- Looking to make a difference with your days off? Listen to Claire Newell, author of "Travel Best Bets." She'll discuss volunteering on vacation.
- Whether you are the bride, groom, mother, in the bridal party, or a guest, the Martha Stewart Weddings editors are here to provide their tips and advice to make it a beautiful and enjoyable day for everyone.
- Are you concerned about your career and job in this economy? Wondering how to create a more effective resume? Call our career expert Maggie Mistal, and she'll answer all your work-related questions.

Wednesday, April 8, 2009

Today's Topics and Guests

- Tracie Hotchner, pet expert and host of "Cat Chat" on Martha Stewart Radio, is on air. Tracie gives our "Living Today" listeners sound advice on caring for their cats and kittens.
- Chef Tom Valenti, owner of Ovest restaurant will talk to Mario today. Tom is the recipient of many awards for his comfy cooking style. He's releasing his third cookbook, "You Don't Have to be Diabetic to Love This Cookbook: 250 Amazing Dishes for People With Diabetes and Their Families and Friends," in May.
- Jonny Bowden, nutritionist and author of "The 150 Most Effective Ways to Boost Your Energy," will tell you how to re-energize your life!
- Whether you have a green thumb or black one, associate gardening editor Stacey Hirvela is here to help. Stacey is our garden doctor, and she's here to answer all of your questions.
- It's our weekly wine-day segment! Every Wednesday, we feature a new wine expert on air. We discuss topics that you can take back to your kitchen or dinner party. Today, Fred Dexheimer, national wine and beverage director for BLT Restaurant Group is on air.

Today's Links

[Tracie Hotchner Ovest restaurant](#)
[Jonny Bowden Gardening blog posts on our radio blog](#)
[BLT Restaurants](#)

Thursday, April 9, 2009

Today's Topics and Guests

- Tune in to "Homegrown" at 1 p.m. Lifelong gardeners Tony Bielaczyc, deputy gardening editor of Martha Stewart Living, and Andrew Beckman, editorial gardening director of Martha Stewart Living, always have something to say about their gardens, and they'll answer your gardening questions, too.
- Lisa Lynn, Martha's personal trainer for 13 years, sports nutritionist and owner of Lisa Lynn Fitness will answer all your fitness-related questions!
- Get bread baking tips today! Tune in to Eric Kastel, associate professor at the Culinary Institute of America and certified master baker. He's also the author of an upcoming book called "Artisan Bread Baking at Home with the Culinary Institute."

Today's Links

[Lisa Lynn Fitness](#)
[Kevin Sharkey](#)

the Culinary Institute.

- Kevin Sharkey, editorial director of decorating for Martha Stewart Living, has a hand in every decorating story in the magazine. He's on air today to give you home-decorating tips.

Friday, April 10, 2009

Today's Topics and Guests

- Jeff Bredenberg, author of "How to Cheat at Organizing" and "How to Cheat at Cleaning," will tell you how to cheat at home repair and gardening/yard work.
- From cats and dogs to parrots and ferrets, Marc Morrone, the Petkeeper, can provide advice on feeding, housing, and caring for even the most unusual pets.
- Decorate your home with pretty tiles! Get tile decorating tips from Jen Renzi, author of "The Art of Tile: Designing with Time-Honored and New Tiles."
- Who isn't on a budget these days? Tune in to John Fraser, chef at Dovetail. He'll explain how to make affordable meals feel special.
- Learn how to run a bed and breakfast inn. Also, discover the hottest bed and breakfast places in the country. Get the info from Mary White, author of "Running a Bed and Breakfast For Dummies" and President of BNBFinder (a bed and breakfast website).
- Resident mixologist Allen Katz helps you end your week on a high note with tips and tricks for making your favorite cocktails at home. Tune in to hear his ideas and recipes.

Today's Links

[Jeff Bredenberg](#)
[Marc Morrone](#)
[Jen Renzi](#)
[Dovetail](#)
[Bed and Breakfast Finder](#)
[Allen Katz](#)
[Allen's cocktail recipes](#)

EXPLORE OUR BRANDS

Living

FOOD

weddings

body+soul



MARTHA
MARTHA STEWART LIVING TELEVISION

CATEGORIES [Food](#) | [Entertaining](#) | [Holidays](#) | [Weddings](#) | [Crafts](#) | [Home & Garden](#) | [Pets](#) | [Whole Living](#) | [Kids](#) | [Community](#)

MAGAZINES [Martha Stewart Living](#) | [Everyday Food](#) | [Weddings](#) | [Body+Soul](#)

SUBSCRIPTIONS [Martha Stewart Living](#) | [Everyday Food](#) | [Weddings](#) | [Body+Soul](#) | [Newsletters](#) | [RSS](#)

TELEVISION & VIDEO [The Martha Stewart Show](#) | [Everyday Food TV](#) | [Martha Stewart on Demand](#) | [Martha Stewart Crafts TV](#)

RADIO [Martha Stewart Living Radio](#)

SHOP [Martha Stewart Collection Only at Macy's](#) | [Martha Stewart for 1-800-Flowers.com](#) | [Martha Stewart Crafts](#) | [Martha Stewart Floor Designs with FLOOR](#)

[Martha Stewart Everyday at Kmart](#) | [Martha Stewart Furniture with Bernhardt](#) | [Martha Stewart Cobis at Lowe's](#) | [Martha Stewart KBHomes](#)

[Martha Stewart Kodak Gallery](#) | [Martha Stewart Lighting](#) | [Martha Stewart Rugs](#) | [Martha Stewart for Shutterfly](#)

BLOGS [The Martha Blog](#) | [Dinner Tonight](#) | [The Radio Blog](#) | [The Daily Wag](#) | [The Crafts Dept.](#)

CUSTOMER SERVICE [Frequently Asked Questions](#) | [Contact Us](#) | [Stemap](#) | [Site Tour](#)

CORPORATE [About Martha Stewart](#) | [Advertise](#) | [Investor Relations](#) | [Career Opportunities](#) | [Martha Stewart Foundation](#) | [Privacy Policy](#) | [Terms of Use](#)

PARTNERS [WeddingWire.com](#) | [Ping.com](#)

WEB SITES [MarthaStewart.com](#) | [MarthaStewartWeddings.com](#) | [WholeLiving.com](#) | [Events.com](#)

© 2009 Martha Stewart Living Omnimedia, Inc. All rights reserved.